ABOUT THIS EVENT

Siblings can be our best friends and partners in crime growing up. But as adults, siblings can make caring for an aging parent challenging and stressful. You think Mom needs in-home care, your brother wants assisted living and Mom doesn’t want help at all! Sound familiar? How can you and your siblings get on the same page, help Mom find the right care and not get entangled in simmering past resentments? This seminar will address:

- Creating a care team
- Delegating sibling caregiving roles
- Addressing sibling conflict
- Managing your own stress

RSVP to Attend: [http://hr.harvard.edu/senior-care-planning](http://hr.harvard.edu/senior-care-planning)