ONE on ONE phone appointments

**ONE-ON-ONES:**

- Am I saving enough? What investments are right for me? Speak with a representative one-on-one and get answers to your retirement savings plan questions.
- Speak with a representative from TIAA and/or Vanguard
- 30-60 minute appointments

TIAA = Register online
Vanguard = Register online

**ONLINE**

Attend a webinar at your work or home computer. Below are just a few of the topics offered by our retirement plan vendors during the months of MAY and JUNE 2020

<table>
<thead>
<tr>
<th>SERVICE</th>
<th>DATE</th>
<th>TIME</th>
<th>LOCATION</th>
<th>REGISTRATION</th>
</tr>
</thead>
<tbody>
<tr>
<td>TIAA Estate Planning Basics</td>
<td>May 12th</td>
<td>12:00 – 1:00PM</td>
<td>Online</td>
<td>Register at TIAA.org/webinars</td>
</tr>
<tr>
<td>Market proof your retirement</td>
<td>May 13th</td>
<td>12:00 – 1:00PM</td>
<td>Online</td>
<td>Register at TIAA.org/webinars</td>
</tr>
<tr>
<td>Paying Yourself: Income options in retirement</td>
<td>May 13th</td>
<td>3:00 – 4:00PM</td>
<td>Online</td>
<td>Register at TIAA.org/webinars</td>
</tr>
<tr>
<td><strong>VANGUARD GETTING ON TRACK</strong></td>
<td>May 8th</td>
<td>9am, 12pm, and 3pm</td>
<td>Online</td>
<td>Register online</td>
</tr>
<tr>
<td></td>
<td>May 11th</td>
<td>2pm, 5pm and 8pm</td>
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</tbody>
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From our friends at Harvard University Employees Credit Union – during this difficult time: https://huecu.org/covid-19-help/financial-support/

**THE EMOTIONAL SIDE OF RETIREMENT: RESOURCES & LINKS**

The Benefits Office looks forward to offering “The Next Chapter” workshop in person again when safely possible. In the meantime, we want to share some links to resources that cover some of the same non-financial or emotional questions surrounding retirement.

- A 60 minute webinar offered as part of the Employee Assistance Program (EAP) called: Rejuvenating Your Retirement Plan.
- A LINK to a page of useful articles and resources, all part of the featured EAP service of Financial Consultation. (requires an easy register/login)
- A link to an article (requires an easy register/login): Navigating The Emotional Side of Retirement
- For a smile- a link to a video called What Kids think Retirement is https://www.youtube.com/watch?v=eS9045L0nTY
- LINK to an article in AAA magazine on the least expensive cities to retire in the US.