

## Harvard University 2022 Preventive Medications List

This list provides examples of commonly prescribed preventive medications. It is not an all-inclusive list; however, many examples of the medications are listed in each category. The list is managed by Express Scripts and may be updated at Express Scripts' discretion throughout the year.

This list does not indicate coverage or your out-of-pocket cost. Generic drugs will have a \$0 copay, and preferred brand copays will be half of the typical copay based on days' supply. To view drug coverage and check drug cost, use the "Price A Medication" tool on the Express Scripts® member portal or mobile app or contact Express Scripts at 877.787.8684.

When feasible, brand names are shown in capitals in each category. If a generic is available, it is listed in lowercase next to the brand name. If only generics are available (for example, brands are no longer available), they will only be listed in lowercase. Reduced cost share may not be provided for every dosage form of a listed medication.

Note: This Preventive Medications List is developed in accordance with IRS guidelines. High Deductible Health Plan (HDHP) participants do not need to satisfy the deductible for the applicable copay.

### **ASTHMA/COPD**

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ACCOLATE (zafirlukast)  
 ADVAIR DISKUS (wixela inhub)  
 ADVAIR HFA  
 AIRDUO DIGIHALER  
 albuterol HFA  
 albuterol nebulizer solution  
 albuterol oral  
 ALVESCO  
 ANORO ELLIPTA  
 ARNUITY ELLIPTA  
 ASMANEX HFA  
 ASMANEX TWISTHALER  
 ATROVENT HFA  
 BEVESPI AEROSPHERE  
 BREO ELLIPTA  
 BREZTRI AEROSPHERE  
 BROVANA (arformoterol)  
 budesonide oral inhalation  
 COMBIVENT RESPIMAT  
 cromolyn nebulizer  
 solution  
 DULERA  
 FASENRA  
 FLOVENT DISKUS  
 FLOVENT HFA  
 INCRUSE ELLIPTA

### **ASTHMA/COPD (continued)**

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Inhaler and nebulizer  
 assistive devices  
 ipratropium/albuterol nebulizer  
 solution  
 ipratropium nebulizer solution  
 levabuterol nebulizer solution  
 LONHALA MAGNAIR  
 metaproterenol  
 montelukast  
 NUCALA  
 Peak flow meters  
 PERFOROMIST (formoterol)  
 PROAIR DIGIHALER  
 QVAR REDIHALER  
 SEREVENT DISKUS  
 Spirometers  
 SPIRIVA HANDIHALER  
 SPIRIVA RESPIMAT  
 STIOLTO RESPIMAT  
 SYMBICORT  
 terbutaline oral  
 THEO-24  
 theophylline  
 TRELEGY ELLIPTA

### **ASTHMA/COPD (continued)**

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XOLAIR  
 XOPENEX nebulizer solution  
 YUPELRI  
 ZYFLO CR (zileuton ER)

### **BONE DISEASE AND FRACTURES**

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ACTONEL (risedronate)  
 ATELVIA (risedronate)  
 ATELVIA DR (risedronate DR)  
 BINOSTO  
 BONIVA (ibandronate)  
 DUAVEE  
 EVISTA (raloxifene)  
 FOSAMAX (alendronate)  
 FOSAMAX D  
 RECLAST (zoledronic acid)

### **CAVITIES**

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CLINPRO  
 GEL-KAM  
 periomed  
 PHOS-FLUR  
 PREVIDENT  
 sodium fluoride rinse, gel, cream,  
 paste, tabs and drops

# Harvard University 2022 Preventive Medications List

## COLONOSCOPY PREPARATION\*

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CLENPIQ  
gavilyte-c  
GOLYTELY (polyethylene glycol,  
gavilyte-g)  
NULYTELY (polyethylene glycol,  
gavilyte-n, trilyte)  
PLENVU  
SUPREP

## DEPRESSION

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citalopram  
escitalopram  
fluoxetine  
fluoxetine DR  
fluvoxamine  
fluvoxamine ER  
PAXIL (paroxetine)  
PAXIL CR (paroxetine ER)  
PEXEVA  
SARAFEM (fluoxetine)  
sertraline

## DIABETES

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### INSULINS

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AFREZZA  
BASAGLAR  
HUMALOG  
HUMULIN  
LANTUS  
LANTUS SOLOSTAR  
LEVEMIR  
LEVEMIR FLEXTOUCH  
LYUMJEV  
SEMGLEE  
TOUJEO MAX SOLOSTAR  
TOUJEO SOLOSTAR  
TRESIBA  
TRESIBA FLEXTOUCH

### INSULIN/GLP-1 RECEPTOR AGONIST COMBINATIONS

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SOLIQUA  
XULTOPHY

## NON-INSULINS

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ACTOS (pioglitazone)  
ACTOPLUS MET  
(pioglitazone/metformin)  
AMARYL (glimepiride)  
AVANDIA  
BYETTA  
BYDUREON  
CYCLOSET  
DUETACT  
(pioglitazone/glimepiride)  
FARXIGA  
FORTAMET ER (metformin ER)  
glipizide/metformin  
Glucometers  
GLUCOTROL (glipizide)  
GLUCOTROL XL (glipizide ER)  
glyburide  
glyburide/metformin  
GLYNASE (glyburide micronized)  
GLYXAMBI  
JANUVIA  
JANUMET  
JANUMET XR  
JARDIANCE  
Lancets  
metformin  
miglitol  
Misc. diabetic supplies  
(e.g. control solution,  
sensors, transmitters)  
Needles  
OSENI  
OZEMPIC  
PRANDIN (repaglinide)  
PRECOSE (acarbose)  
repaglinide/metformin  
RIOMET (metformin solution)  
RIOMET ER suspension  
RYBELSUS  
SEGLUROMET  
STARLIX (nateglinide)  
STEGLATRO  
STEGLUJAN  
SYMLINPEN  
SYNJARDY  
SYNJARDY XR

## NON-INSULINS (continued)

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Syringes  
Test strips  
TRIJARDY XR  
TRULICITY  
XIGDUO XR

## HEART DISEASE AND STROKE

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### BLOOD THINNERS

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aspirin, 81 mg & 325 mg\*  
aspirin/dipyridamole ER  
BEVYXXA  
BRILINTA  
clopidogrel  
COUMADIN (warfarin)  
dipyridamole  
DURLAZA ER  
EFFIENT (prasugrel)  
ELIQUIS  
XARELTO  
ZONTIVITY

### CHOLESTEROL LOWERING

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#### HMG-COA REDUCTASE INHIBITORS\*

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atorvastatin  
EZALLOR  
FLOLIPID suspension  
fluvastatin  
LESCOL XL (fluvastatin ER)  
LIVALO  
lovastatin  
pravastatin  
rosuvastatin  
simvastatin  
ZYPITAMAG

#### OTHER CHOLESTEROL LOWERING AGENTS

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ANTARA  
CADUET (amlodipine/atorvastatin)  
colesevelam  
COLESTID (colestipol)  
ezetimibe  
ezetimibe/simvastatin  
FENOGLIDE (fenofibrate)  
FIBRICOR (fenofibric acid)  
LIPOFEN  
LOPID (gemfibrozil)  
NIASPAN (niacin)  
QUESTRAN (cholestyramine)

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## OTHER CHOLESTEROL LOWERING AGENTS (continued)

QUESTRAN LIGHT  
(cholestyramine light, prevalite)  
REPATHA  
ROSZET  
TRILIPIX (fenofibric acid DR)  
VASCEPA (icosapent ethyl)

## HIGH BLOOD PRESSURE (HBP)

### ACE INHIBITORS

ACCUPRIL (quinapril)  
ALTACE (ramipril)  
captopril  
fosinopril  
LOTENSIN (benazepril)  
moexipril  
perindopril  
PRINIVIL (lisinopril)  
trandolapril  
VASOTEC (enalapril)  
ZESTRIL (lisinopril)

### ACE INHIBITORS/DIURETIC COMBINATIONS

ACCURETIC (quinapril/HCTZ)  
captopril/HCTZ  
fosinopril/HCTZ  
LOTENSIN HCT  
(benazepril/HCTZ)  
moexipril/HCTZ  
VASERETIC (enalapril/HCTZ)  
ZESTORETIC (lisinopril/HCTZ)

### ANGIOTENSIN II RECEPTOR ANTAGONISTS

candesartan  
EDARBI  
eprosartan  
irbesartan  
losartan  
olmesartan  
telmisartan  
valsartan

### ANGIOTENSIN II RECEPTOR ANTAGONISTS/DIURETIC COMBINATIONS

candesartan/HCTZ  
EDARBYCLOR  
irbesartan/HCTZ  
losartan/HCTZ  
olmesartan/HCTZ  
telmisartan/HCTZ  
valsartan/HCTZ

### BETA BLOCKERS

acebutolol  
betaxolol  
bisoprolol  
BYSTOLIC  
CORGARD (nadolol)  
LOPRESSOR  
(metoprolol tartrate)  
metoprolol succinate ER  
pindolol  
propranolol  
propranolol ER  
TENORMIN (atenolol)  
timolol

### BETA BLOCKER/DIURETIC COMBINATIONS

LOPRESSOR HCT  
(metoprolol/HCTZ)  
nadolol/bendroflumethiazide  
propranolol/HCTZ  
TENORETIC  
(atenolol/chlorthalidone)  
ZIAC (bisoprolol/HCTZ)

### CALCIUM CHANNEL BLOCKERS

amlodipine  
CALAN SR (verapamil SR)  
CARDIZEM (diltiazem)  
CARDIZEM CD (cartia XT, diltiazem CD)  
CARDIZEM LA (diltiazem ER, matzim LA)  
CONJUPRI  
felodipine ER  
isradipine  
KATERZIA suspension  
nicardipine

### CALCIUM CHANNEL BLOCKERS (continued)

nifedipine  
PROCARDIA XL (nifedipine ER)  
SULAR ER (nisoldipine ER)  
TIAZAC ER (diltiazem ER, tiadylt ER, taztia XT)  
verapamil  
VERELAN (verapamil ER)  
VERELAN ER PM (verapamil ER PM)

### DIURETICS

chlorothiazide  
chlorthalidone  
DIURIL suspension  
hydrochlorothiazide  
indapamide  
metolazone

### OTHER HBP & COMBINATIONS

amlodipine/benazepril  
amlodipine/olmesartan  
amlodipine/olmesartan/HCTZ  
amlodipine/valsartan  
amlodipine/valsartan/HCTZ  
Blood pressure monitors  
BYVALSON  
CADUET (amlodipine/atorvastatin)  
PRESTALIA  
TARKA (trandolapril/verapamil)  
TWYNSTA (amlodipine/telmisartan)

### MALARIA

ARAKODA  
chloroquine  
mefloquine  
MALARONE (atovaquone/proguanil)  
primaquine

### MIGRAINE PREVENTION

AIMOVIG  
AJOVY  
EMGALITY 120mg

### MISC ANTIVIRALS

DESCOVY  
emtricitabine/ tenofovir (TDF)  
200mg/300mg  
PREVYMIS  
SYNAGIS

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## **OBESITY**

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ADIPEX-P (phentermine)  
benzphetamine  
diethylpropion  
diethylpropion ER  
IMCIVREE  
LOMAIRA  
phendimetrazine  
QSYMIA  
SAXENDA  
WEGOVY  
XENICAL

## **SMOKING-CESSATION\***

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CHANTIX  
NICOTROL  
NICODERM CQ (nicotine patches)  
NICORETTE (nicotine gum  
and lozenges)  
ZYBAN (bupropion SR 150mg)

## **VACCINATION\***

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Anthrax, BCG, Cholera, COVID-19,  
Diphtheria, Haemophilus Influenza  
B, Hepatitis A and B, Human  
Papillomavirus, Influenza, Japanese  
Encephalitis, Measles, Meningococcal,  
Mumps, Pertussis, Pneumococcal,  
Poliovirus, Rabies, Rotavirus, Rubella,  
Shingles, Tetanus, Typhoid, Varicella,  
Yellow Fever, Zoster

## **VITAMINS OR MINERALS**

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Folic acid\*  
Prenatal vitamins  
Pediatric multivitamins with  
fluoride\*

\*Please note that some of these medications are also subject to the Affordable Care Act (ACA) and may be covered by your plan at 100%.

**Express Scripts manages your prescription benefit for your employer, plan sponsor, or health plan. For specific questions on coverage, please call the phone number on your member ID card or visit our website [express-scripts.com](https://www.express-scripts.com).**

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