

KGA Mobile Supports You on the Go

The updated **KGA Mobile** app gives you full access to mental health and wellbeing solutions. Including a network of experts to help with family and home quickly and easily - anytime, anywhere.

By becoming a member, you gain **free** and **fully confidential** access to:

- Counseling for emotional & mental health needs
- Support for life's everyday daycare, eldercare, financial, legal and other family & home challenges
- Resources for life's big milestones new baby, career, retirement & more
- Wellness webinars, videos & recorded meditation sessions
- KGA Bookshelf™ for free books from best-selling authors
- And more!

<u>Download or update</u>* **KGA Mobile** today to start exploring the services you have!

*If you already have KGA Mobile, be sure Automatic Updates is turned on in Settings.







For support contact KGA at: HarvardEAP.kgreer.com 877-EAP-HARV (327-4278) info@kgreer.com

(If you do not know your company code, call/email us and we will give it to you.)