

Limited Purpose (LP) FSA Eligible Expense List

Important: An LP FSA covers eligible dental and vision expenses only and is intended for employees enrolled in the High Deductible Health Plan with Health Savings Account (HSA).

If you have questions on what constitutes an LP FSA Eligible Expense, please contact our Customer Relations Team: 1-855-HVD-FLEX or hvdflex@benstrat.com.

Eligible Dental Expenses

Dental care for non-cosmetic purposes, such as:

- Cleanings and exams
- Crowns and bridges
- Dental reconstruction, implants
- Dentures and denture care
- Diagnostic services
- Fillings
- Root canals
- X-rays

Dental plan copays

Dental plan co-insurance

Dental plan deductibles

Dental surgery

Diagnostic services

Orthodontia

Over-the-counter dental products that do not contain a drug or medicine

Over-the-counter dental products that contain a drug or medicine*

Teeth grinding prevention devices, such as occlusal guards

Eligible Vision Expenses

Contact lenses

Contact lens solution

Diagnostic services

Eye exams

Eye related equipment/materials

Eyeglasses (over-the-counter and prescription)

Eyeglass repair kit

Eye surgery

Guide dog (dog, training and care)

Optometrist/ophthalmologist fees

Orthokeratology

Over-the-counter vision products that do not contain a drug or medicine

Over-the-counter vision products that contain a drug or medicine*

Sunglasses (prescription only)

Vision plan co-insurance

Vision plan copays

Vision plan deductibles

Vision correction, such as corneal keratotomy and Lasik eye surgery

Examples of ineligible expenses include: Teeth bleaching/whitening, cosmetic dental surgery, dental hygiene products (such as tooth paste), and expenses related to medical treatment and care.

** Although Over-The-Counter (OTC) dental and vision medicines and drugs do not need a prescription to purchase, one is needed for the item to be FSA eligible. NOTE: OTC dental and vision medicines and drugs will not work with the FlexExpress© debit card. You will need to pay with another means and submit for reimbursement through one of our manual reimbursement methods. Remember to submit the prescription, along with the purchase documentation.*

Election Worksheet

The Limited Purpose FSA and Dependent Care Election Worksheets can help you determine how much to set aside in your FSA. You can also use the Tax Savings Calculator at benstrat.com.

Important: Make a conservative election, only considering expenses that are expected to be incurred by you and your FSA eligible dependents while you are enrolled during the FSA plan year.

Limited Purpose FSA Election Worksheet

Dental and Vision Expenses Per Plan Year	For You	For Your Spouse	For Your Children
Dental copays, co-insurance, deductibles	\$	\$	\$
Dental Exams and Dental Work and Orthodontia	\$	\$	\$
Orthodontia	\$	\$	\$
Eye Exams, LASIK Surgery	\$	\$	\$
Prescription Eye and Sunglasses, Reading Glasses			
Contact Lenses, Contact lens solutions and supplies	\$	\$	\$
Other Eligible Dental and Vision Expenses	\$	\$	\$ \$
Total each family member column	(A)\$	(B)\$	(C)\$
Total cost of dental and vision expenses for the plan year (A)+(B)+(C)	(D)\$		
Maximum LP FSA election amount	(E)\$2,650		
Election Amount. Enter (D) or (E), whichever is less. However, your Election Amount cannot be less than \$120.00	(F)\$		
Number of pay periods in a plan year	(G)		
Payroll deduction amount per pay period (F) ÷ (G)	\$		

Dependent Care FSA Election Worksheet

Eligible weekly dependent care cost	(A) \$
Weeks of dependent care you will have in the plan year	(B)
Total cost of dependent care for the plan year (A) x (B)	(C) \$
If you are single or married filing jointly enter \$5,000 If you are married filing single, enter \$2,500	(D)\$
Election amount. Enter (C) or (D), whichever is less However, your election amount must be at least \$120	(E) \$
Number of pay periods in a plan year	(F)
Payroll deduction amount per pay period (E) ÷ (F)	(G)