



# Managing Caregiving In the Era of COVID-19

April 28, 2020, 1—2PM EST

## ABOUT THE WEBINAR

The unique circumstances of COVID-19 add an extra layer to the already complex experience of caregiving. Now more than ever, you have a keen awareness of your loved one's needs and an eye to supporting their continued health. But senior care providers are themselves working to limit the virus's spread, making it that much more difficult to navigate the senior care landscape. Where do you go from here?

This webinar will address:

Ways in which the senior care landscape has been impacted by COVID-19

Considerations when arranging care during this time

Ways to advocate for and support your loved ones during this time

## JODY GASTFRIEND

Jody is Vice President of Senior Care for Care.com, the world's largest online destination for finding and managing family care. She is a licensed clinical social worker with more than 30 years of experience in senior care and has held a wide range of leadership positions in both health care and business settings.

Jody has published numerous articles about caregiving and aging in outlets such as Oprah.com, Salon.com, Next Avenue, the Harvard Business Review and Forbes. Jody's award-winning book, *My Parent's Keeper: The Guilt, Grief, Guesswork, and Unexpected Gifts of Caregiving*, published by Yale University Press, is an essential guide to caring for aging and ailing family members.

## CHANDI DEITMER

Chandi Deitmer is a Care Advisor with Care@Work Adult and Senior Care Advising, where she offers guidance and support to families planning care for their loved ones. Prior to joining Care@Work, Chandi was a social worker at Massachusetts General Hospital, where she worked with psychiatric inpatients and their families—providing education on managing psychiatric illness and partnering to develop long-term plans for psychiatric stability. Chandi brings her particular passion for supporting mental health throughout the lifespan to her current work with aging populations. She holds a B.A. in Comparative Literary Studies from Northwestern University and an M.S.W. from Simmons University.

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