



healthytogether
an ahealthyme® program

Be social. Get fit.
Have fun!

**Sign up for healthytogether and
tackle well-being challenges
together with your coworkers.**

**Your Guide to
Getting Started**

Follow these steps to sign up for and join the healthy**together** challenge:

Go to: <https://join.virginpulse.com/HARVARDUNIVERSITY>

Existing users go to “SIGN IN” button in top-right corner and log-in. Skip to “Click on the challenge widget” step on the next page

Already a member?

SIGN IN

New users will be prompted to create an account (this is a one-time process). Enter your information in the required fields, then click **Submit**

Sign Up

HEALTHY TOGETHER invites you to join. Start by entering your details!

NAME

First Name
 Last Name

YOUR EMAIL

 Enter your preferred email

SEX

I am...

DATE OF BIRTH

The privacy of your data is important to us. Review the applicable information, then click **Continue** at the bottom of the screen.



PROTECTING YOUR DATA & PRIVACY

You're important to us — and so is your data. After all, health and wellness information is personal and should be kept private. No ifs, ands, or buts about it. That's why we've taken big steps to make sure your information is safe and sound. Always.

Choose your country

This will help us customize your experience.

United States

Almost Done

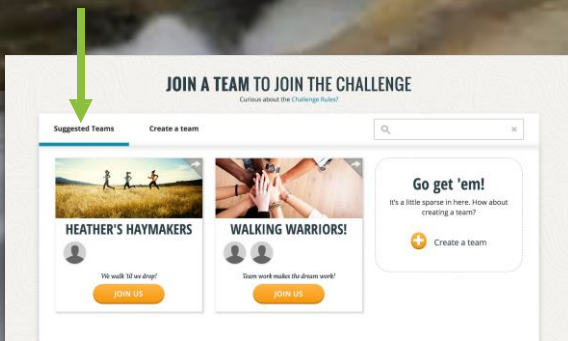
Check your inbox, your confirmation email awaits!



Allow a few minutes for the carrier pigeons to do their

You will receive an email confirmation that you must reply to within 48 hours in order to complete registration. Click the “confirm now” link within the email.

Click on the challenge widget—the tile located in the middle of the page—to join the challenge.



If you would like to join an existing team, select the *Suggested Teams* tab (if not already highlighted), then click the *JOIN US* button on the desired team’s banner

If you would prefer to *create your own team, click *Create a team*. Fill out the resulting fields, upload a team photo, invite teammates, and get moving!

*To increase your ability to accumulate steps—and unlock interesting destinations and content—teams of ten are strongly recommended.



For Support:

Call 1-833-226-5914, or email healthytogether@virginpulse.com.



healthy**together**

© Registered Marks of the Blue Cross and Blue Shield Association.

® ' Registered Marks are the property of their respective owners.

© 2019 Blue Cross and Blue Shield of Massachusetts, Inc., and Blue Cross and Blue Shield of Massachusetts HMO Blue, Inc.