



Maximize the use of your prescription benefit.

Don't pay more than you need to for your prescriptions



What is a preventive medication list?

A preventive medication list includes drugs that help prevent the recurrence or worsening of a disease and promote overall wellness. Examples may include, but are not limited to, blood thinners, cholesterol-lowering medications, vaccines, migraine prevention medications, diabetic supplies and glucometers, and antidepressants. Express Scripts develops the preventive medication list in accordance with IRS guidelines to ensure that all covered members, regardless of your health plan, can benefit from the affordability of medications included on the list.



How does the preventive medication list work?

Your plan provides you with coverage for preventive medications at a reduced or waived cost to ensure that you have an affordable way to stay healthy. Generic drugs on the medication list are available at no cost to you. You will be charged half the applicable copay for preferred brand drugs, depending on the days' supply. If you are enrolled in the High Deductible Health Plan (HDHP), you do not need to satisfy your deductible to fill medications on the list at the lower cost share. Your plan decides what your amount will be for this list of drugs. To confirm the cost of a drug included on the preventive medication list, call us at the number on the back of your card or use the "Price a Medication" tool on our Express Scripts® member portal or mobile app. Preventive medications may require prior authorization.



Talk with your doctor about your preventive medication list

Discuss your preventive medication list with your doctor and ask if any of the more affordable medications may be an equally effective option for you. [Print your list here](#) and bring it to your next doctor's appointment.

Note: this list may be updated throughout the year. For the most up-to-date information, use the "Price a Medication" tool on our website or mobile app.