



More Human. More Resources.

Available 24/7
877-327-4278
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Website: harvardeap.kgreer.com

EMPLOYEE ASSISTANCE AND WORK-LIFE PROGRAM

A free, confidential program for employees and adult household members. Here's how we can help:

EMOTIONAL HEALTH	PARENTING	ELDERCARE	LEGAL
<p>Counseling, Consultations & Referrals</p> <ul style="list-style-type: none"> • Alcohol & Drug Concerns • Anxiety • Chronic Illness • Depression • Eating Disorders • Family & Relationship Concerns • Gambling • Meditation • Mindfulness • Partner Violence • Smoking Cessation • Sleep Issues • Stress Management 	<p>Childcare Consultation & Referrals</p> <ul style="list-style-type: none"> • Back-up Care • Before/After School • Childcare Centers • Family Day Care • Nannies & In-home Care • Summer Camps <p>Information & Support</p> <ul style="list-style-type: none"> • Adolescence • Adoption • Child Development • College Planning • New Parents and Pregnancy • Special Needs 	<p>Consultation & Referrals</p> <ul style="list-style-type: none"> • Assisted Living Facilities • Caregiver Support • Community Services • Home Health Care • Hospice • Medicare/Medicaid • Nursing Homes • Respite Care • Social Security • Transportation 	<p>Consultation & Referrals</p> <ul style="list-style-type: none"> • Bankruptcy • Child Custody & Support • Consumer Issues • Elder Law • Estate Planning • Immigration • Landlord Tenant Disputes • Real Estate Concerns • Restraining Orders • Separation & Divorce • Wills & Trusts <p>*See back for legal disclaimer</p>
FINANCIAL	WORK	CONVENIENCE SERVICES	NUTRITION
<p>Consultation & Referrals</p> <ul style="list-style-type: none"> • Budgeting • Credit Problems • Debt Management • Financial Wellbeing • Homebuying Information • Insurance Planning • Retirement Planning • Tax Resources 	<p>Consultation & Referrals</p> <ul style="list-style-type: none"> • Career Exploration • Interest Testing • Job Performance Concerns • Job Search Strategies • Resume Review • Time Management • Work-life Integration • Work Stress 	<p>Information & Referrals</p> <ul style="list-style-type: none"> • Community Education Classes • Fitness Programs & Trainers • Home Cleaning • Home Repair Services • Moving Services • Organizer Services • Pet Care • Relocation Information • Yoga Classes 	<p>Consultation & Information:</p> <ul style="list-style-type: none"> • Child Friendly Meals • Diabetes • Food Allergies • Gastrointestinal Problems • Healthy Eating • High Blood Pressure • High Cholesterol • Lactation • Weight Management

KGA offers immediate support for any type of emotional issue. Call any time -- seven days a week, day or night -- to speak with a trained counselor.

KGA also provides a wide variety of work/life consultations including Financial, Legal, Nutrition, Elder care, Child Care, and Career support during standard business hours. The hours are Monday – Thursday 8:30-5:30 PM and Friday 8:30-5:00 PM. Please note that KGA offices are closed on New Year’s Day, MLK Day, Presidents Day, Memorial Day, Juneteenth, Fourth of July, Labor Day, Thanksgiving, the day after Thanksgiving, and Christmas.

Remember that even when KGA is closed, 24/7 support for any emotional issue is still available. Call 877-EAP-HARV (877-327-4278).

*KGA general legal disclaimer:

No service, including advice and consultations, will be provided for: 1) employment-related matters, including employee or statutory benefits; 2) matters involving the employer, KGA Inc. and affiliates; 3) appeals and class actions; 4) frivolous or unethical matters; 5) matters for which an attorney-client relationship exists prior to the participant becoming eligible for benefits.

If a participant wishes to retain legal representation, KGA will refer participant to an attorney who may provide services at a 25 percent discount. This is not a guarantee of the least expensive attorney. Should the participant retain an attorney through a KGA referral, he/she is doing so outside the EAP services provided through the employer and participant is responsible for all fees and costs associated with legal services.