

MEDICAL PLANS

Harvard offers subsidized medical coverage from Blue Cross Blue Shield of Massachusetts (BCBSMA) and Harvard University Group Health Plan (HUGHP)

You can review your plan options below:

	HMO*	POS (PPO if you reside outside New England)	POS Plus (PPO Plus if you reside outside New England)	HDHP†
Faculty and nonunion staff, internal postdoc	✓	✓	✓	✓
Employees covered by a bargaining agreement	✓	✓		
External post doc, coaching assistant, teaching assistant, or visiting fellow	✓	✓	✓	

* HMO and POS plans available through HUGHP and BCBSMA. You must live in Massachusetts to enroll in a HUGHP plan and adult primary care is available mostly in Eastern Massachusetts

† Only offered through BCBSMA

SEIU Members: Your union also offers you the option of combined medical, dental, and vision at **no cost** for you and your eligible dependents. If you enroll in the SEIU health plan, you cannot enroll in Harvard's medical, dental, or vision plan. **Note:** Domestic partners are not eligible for the SEIU plan.

Retirees under age 65: Retirees and eligible dependents under age 65 may choose from the plans offered to active employees; please review the Retiree Health page for details.

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This is an overview of Harvard's medical plans. For more detailed information about coverage and costs, including copayments, deductibles, and out-of-pocket maximums, please refer to the [Medical Plan Comparison Chart](#) for your employee group.

HMO, POS, AND PPO PLANS

Your costs when receiving medical services through the HMO, POS, and PPO (only available to employees living outside of New England) plans depend on the type of service and whether you receive care in- or out-of-network.

- Preventive care as defined by the federal Affordable Care Act (ACA) that is received from an in-network provider is fully covered, with no charge to you. This includes annual physicals, well-baby and well-child visits, immunizations, and routine vision care.
- In-network office visits for care of illness or injury, outpatient mental health visits, occupational and physical therapy, most prescriptions, and emergency room visits are subject to applicable copayments. Hospitalization and high-tech imaging are subject to copayments or deductibles and coinsurance, as applicable.
- In-network outpatient diagnostic lab tests and X-rays are fully covered.
- All in-network costs including copayments (or deductibles and coinsurance, if applicable) count toward your annual out-of-pocket maximum. Monthly premiums do not count toward your annual out-of-pocket maximum. If you reach the out-of-pocket maximum in a calendar year, all further in-network plan-covered costs are fully (100%) covered by your medical plan for the rest of the calendar year.
- Out-of-network services (available with the POS and PPO only) are subject to separate deductibles, coinsurance, and out-of-pocket maximums.

POS PLUS AND PPO PLUS PLANS (NOT AVAILABLE TO UNION MEMBERS)

The POS plus and PPO Plus (PPO Plus is only available to faculty, nonunion staff, External post doc, coaching assistant, teaching assistant, and visiting fellows living outside of New England) work similarly to the other POS and PPO plans. Preventive care as defined by the ACA and received in-network is fully covered and in-network office visits, emergency room visits, and most prescriptions are subject to copayments. However, with these plan options, you pay no deductible or coinsurance for medical services received in-network. The POS Plus and PPO Plus have higher monthly premiums in exchange for lower costs at the point of care.

Out-of-network services under the POS Plus and PPO Plus are subject to deductible, coinsurance, and separate out-of-pocket maximums.

HIGH DEDUCTIBLE HEALTH PLAN (HDHP) WITH HEALTH SAVINGS ACCOUNT (HSA) (FACULTY, NONUNION STAFF, AND INTERNAL POSTDOC ONLY)

The HDHP with HSA is a different type of plan. It is a lower-premium, high-deductible health insurance plan combined with a tax-free savings account that lets you save additional money for health expenses now or later in retirement. The HDHP is only offered through BCBSMA. The HDHP provider network includes Harvard University Health Services (HUHS) and the network of BCBS providers. The HSA feature is administered by Voya Financial.

The HDHP provides you with the flexibility to use in-network or out-of-network providers (you'll pay more for out-of-network services). In-network preventive care as defined by the ACA is covered at 100%, like Harvard's other health plans.

For all other services, including prescriptions, you pay the full cost of care until you meet the deductible. If you have employee + spouse/domestic partner, employee + children, or family coverage, you must meet the full family deductible before the plan begins paying. Once you meet the deductible, you share in the cost of care (your coinsurance) with the plan paying most of the costs, until you reach the annual out-of-pocket maximum. Once you meet the annual maximum, the plan pays 100% of further plan-covered costs for the rest of the calendar year. If you have one of the family coverage levels, you must meet the entire out-of-pocket maximum before the plan begins paying at 100%.

If you enroll in the HDHP, you may make tax-free contributions to an HSA to be used to pay out-of-pocket medical, dental, and vision expenses. Harvard will also make a tax-free contribution to your HSA of \$500 for individual coverage or \$1,000 for all family coverage levels for eligible, active faculty, nonunion staff, and internal postdocs. Please see the [Flexible Spending Account/Health Savings Account Overview](#) for information including eligibility requirements.

PLAN FEATURE	IN-NETWORK	OUT-OF-NETWORK
PREVENTIVE CARE	Covered at 100%	Covered at 100%
DEDUCTIBLE Applies to all non-preventive expenses such as office visits, hospital admission, outpatient surgery, lab, X-rays, and prescriptions	\$1,700 for individual coverage/\$3,400 for family† coverage Amounts paid for both in-network and out-of-network care can be combined to satisfy the deductible. If you are enrolled in family coverage, the full family deductible must be met before coinsurance begins for any family member.	
COINSURANCE (after deductible is met)	15% coinsurance	35% coinsurance
OUT-OF-POCKET MAXIMUM* After this annual cost is met, the plan pays 100% of costs for the remainder of the calendar year.	\$3,400 individual coverage \$6,800 family† coverage For family† coverage, the full family out-of-pocket max must be met.	\$6,800 individual coverage \$13,600 family† coverage For family† coverage, the full family out-of-pocket max must be met.

* There are separate out-of-pocket maximums for in-network care and out-of-network care, which accrue separately.

† Includes employee + spouse/domestic partner, employee + children, and family coverage levels

MEDICAL PLAN SERVICE AREAS AND PROVIDER NETWORKS

The medical plans you are eligible for depend on your home address; and the in-network providers may vary by plan. For more information, please view the [Harvard Medical Plan Provider Networks and Service Areas](#).

PRESCRIPTION DRUG COVERAGE FOR ALL PLANS

Your prescription drug benefit is included as part of your medical coverage and is administered by Express Scripts (ESI), a pharmacy benefits manager. Most major pharmacy chains accept ESI. Present your ESI ID card when filling prescriptions. Some medications used to prevent or treat chronic conditions are available at reduced or no cost (including under the HDHP). Visit express-scripts.com/harvarduniversity to view a list of these preventive medications. You can save money on medications you take on a long-term basis by using mail order with ESI. With mail-order, you can buy up to a 90-day supply at a reduced copayment when compared to retail pharmacies. Call ESI at 877-787-8684 for more information about your mail order options. (Note: You may fill 90-day prescriptions at CVS at retail copayment prices.)

GLOSSARY

Here's a brief refresher on commonly used medical/dental terms:

COPAYMENT (COPAY) is a fixed amount you pay for a healthcare service or prescription drugs.

DEDUCTIBLE is the amount you owe before your insurance begins covering certain services such as hospitalization or outpatient surgery.

COINSURANCE is the amount you pay, as a percentage of the cost of your allowed services, after you meet the deductible until you reach the plan's out-of-pocket maximum.

ALLOWABLE CHARGE is the dollar amount typically considered payment-in-full by an insurance company and an associated network of healthcare providers.

OUT-OF-POCKET MAXIMUM is the most you pay per Plan Year for plan-covered healthcare expenses, including prescription drugs. Once this limit is met the plan pays 100% for the remainder of the Plan Year.

PLAN YEAR is a 12-month period of coverage. Harvard's Plan Year is the same as a calendar year.

